

706, 6th Street
Wynberg
2090

ROWING SOUTH AFRICA



Registration No. 079-580-NPO

P.O. Box 2563
Parklands
2121

Tel: (011) 440 0965

Email: row@rowsa.co.za
Website: www.rowsa.co.za

27 May 2016

Junior National Squad 2016.

Junior Women's 8+ – coxswain and spares:

Based on the selection criteria the following coxes are invited to the JW8+ selection, at VLC:

Friday 27 May 2016 from 3pm until 5.30pm REITU MOKEGELE St Mary's

Saturday 28 May 2016 from 7am until 10.30am IMAMELENG LEEUW St Andrews Girl

A further assessment session may be request by both coxes to be at VLC Sunday 29 May 2016 from 7am at VLC.

Spares.

As per the rankings attained at the Provincial Trials, the selection of the SASRU Development Squad, the national transformation requirement and the geographical location of the JW8+, the following athletes are invited to be assessed for the role of spare to the JW8+:

Nicole Masson – Saint Stithians School for Girls.

Robyn Armsfield – Holy Rosary Convent.

Sigourney Griffin-Ellis – Saint Andrews School for Girls.

Jabu Nkuta – St Andrews School for Girls.

The assessment will take place at VLC on Sunday 29th May 2016 from 08H30, and will be run by the Junior National Head Coach, Marco Galeone with the assistance of Junior National Women's Coach, Caitlin Dace. The start of the race will be at 10am and lane numbers will be drawn on Sunday morning at 9am in the presence of the four athletes and their coaches. Coaches are invited to assist at the trial providing technical and rigging support.

Final decision will be published by 01 June 2016.

Two spares will be invited to train with and support the 8+ during the preparation phase for the World Championships'. One spare will be selected to travel with the squad to the World Championships' in August 2016. This selection will be done during the preparation phase and will be based on the progress of the athletes during the preparation phase.

The International Commission will publish the final squad for Worlds on 01 June 2016 and takes this opportunity to wish all the athletes the best of luck.

Marco Galeone

National Junior Head Coach