



10 December 2021

## **Junior National Squad / SASRU Squad 2022.**

Dear MIC Rowing / Head Coach

Please find detailed below the timelines for Junior National Squad Selection 2022. The table is extracted from the National Selection Policy and should be read in tandem with said Policy. Please also find details regarding the SASRU squad for 2022.

### **Registration.**

All athletes and coaches wishing to be considered for inclusion into both the Provincial and National stages of the squad should register on the National Squad website on the following links;

<b>Athlete Registration</b>	<a href="https://www.nationalsquad.co.za/register-athlete/">https://www.nationalsquad.co.za/register-athlete/</a>
<b>Coach Registration</b>	<a href="https://www.nationalsquad.co.za/register-coach/">https://www.nationalsquad.co.za/register-coach/</a>

Athletes are requested to familiarise themselves with Point 1.4 of the National Selection Policy regarding eligibility to register, with specific regards to valid South African citizenship and compliance with squad programs.

### **5km Ergometer Submission.**

All athletes registering for the Junior National Squad are required to submit a 5km Ergometer assessment. The assessment should have been completed in 2021 and should preferably be submitted by a club or school Head Coach. Ergometer assessments are to be submitted, by email, to the appropriate Provincial Head, by 20H00 on the 31<sup>st</sup> December 2021.

### **Junior National Head Coach 2022.**

Due to a restructuring of the National Rowing Structure, the Junior National Head Coach will be appointed for 2022 by the International Commission, by no later than 10 March 2022. In the interim, the expertise of the Senior National Head Coach and coaches will be used to oversee the preliminary phases of the Junior Squad.

### **Timelines.**

*Table 2: 2021/2022 year plan*

<b>Action</b>	<b>Due Date</b>	<b>Venue</b>	<b>Comments</b>
Registration of athletes.	10 to 31 December 2021.	Website	Registration to be done on the National Website for Junior national Squad. <a href="http://www.nationalsquad.co.za">www.nationalsquad.co.za</a>
Submission of 5 Km Ergo time	31 December 2021	Own Clubs	Time to be submitted to Provincial Heads. Provincial Heads to send consolidated sheet to Chair JIC.



Coaching applications	12 – 31 December 2021.	Website	Registration to be done on the National Website for Junior national Squad.  <a href="http://www.nationalsquad.co.za">www.nationalsquad.co.za</a>
Formation of Provincial selection panel.	30 January 2022		Provincial heads are to form a provincial selection panel comprising three members who will be responsible for establishing and running the provincial trials, the selection of provincial crew coaches and the formation of the provincial crews.
5 km Ergo Submission	31 December 2022	To be done at clubs / schools.	Data to be submitted to Provincial Heads. Provincial Heads to ensure data is available for Junior IC 3 days after Submission closes.
2km Ergometer Test.	31st January 2022	To be done at clubs / schools.	Data to be submitted to Provincial Heads. Provincial Heads to ensure data is available for Junior IC 3 days after submission closes.
2km Ergometer Test.	28 February 2022	To be done at clubs / schools.	Data to be submitted to Provincial Heads. Provincial Heads to ensure data is available for Junior IC 3 days after submission closes.
Announcement of trials dates and formats.	31st January 2022.	Published through provincial networks.	Provinces are to have presented their trial formats to the Junior International Commission Chairperson prior to publication. Provincial Selection Panels must confirm dates and venues with the Junior National Head Coach and Junior International Commission Chairperson by 31 January 2022..
Submission of wild cards to provincial representatives	10 February 2022	By email to Provincial head.	Provincial wild card nominations must be submitted to the provincial selection panel by 10 February 2022.
Announcement of provincial Coaching Structures.	26 February 2022	In writing to tdedlow@kes.co.za	Provincial Coaching Structures will be published through the provinces by 26 <sup>th</sup> February 2022.
Submission of wild card	3 March	In writing to	Wild card entries/list can be observed and taken into consideration at SASRU National Championships (March 2022) by

# ROWING SOUTH AFRICA



P.O. Box 2865

Saxonwold

2132

Tel: 082 570 4932

Email: row@rowsa.co.za

Website: www.rowsa.co.za

lists/entries	2022	<a href="mailto:teddlow@kess.co.za">teddlow@kess.co.za</a>	Junior International Commission.
Provincial lists presented to the JIC for ratification.	9 March 2022		The provincial lists will be presented to the Junior International Commission Chairperson and Junior National Head Coach on 9 March for ratification.
Announcement of Junior National Head Coach	10 March 2022		The JIC will announce the Junior National Head Coach 2022.
Provincial Heads announce athletes invited to trial	10 March 2022.		Provincial Heads will announce their athletes invited to provincial trials by no later than March 10, 2022.
Provincial trials	March 20 - 21, 2022		Will be held at venues to be decided on by the provincial selection panels.
National Selection Regatta	TBC		Crews will only progress to the National Selection Regatta by invitation and the South African National Championship Regatta may be used as an assessment regatta. The Junior National Head Coach, in consultation with the National Head Coach, will issue athletes with invitations to compete at the National Selection Regatta.
World Rowing Junior Championships, Varese, Italy	27 – 31 July 2022.		



## SASRU Squad 2022.

The SASRU squad is expected to tour in 2022. SASRU will manage the squad. Selection criteria are outlined in the National Selection Policy, but a summary is provided below for information.

Table 2: 2021/2022 year plan

1

Action	Due Date	Venue	Comments
SA Schools Championships	March 2022.	Roodeplaat Dam / VLC	Athletes in the Under 16 age group who win a gold medal, in the following boat classes, at the South African Schools' Championships 2018 in the following boat classes will automatically be selected for the SASRU Development Tour to Italy at the end of March 2022:  Boat Classes: JM4+; JM4-; JM4X+; JW4X+ JW4+.
Provincial training and coaching structures commence			The SASRU Development Camp Squad, once selected, will form part of their Provincial Structure. The Development Squad athletes will train provincially with provincially appointed coaches. The Junior National Head Coach will provide guidance regarding training programs.
SASRU Tour, Italy.	TBC( end of March 2022)		

